St. Jude's Catholic Primary School and Pre-School

Headteacher: Mrs. S. Wall B.Ed (Hons)
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Friday 23rd October 2026

Dear Parents/ Carers

Reception Forest School sessions will begin on Tuesday 3rd November 2026

Forest School is an inspirational programme that offers all learners regular opportunities to achieve and develop confidence and self-esteem through hands-on learning experiences in a woodland or natural environment with trees. The sessions will be led by Dr Sara Anne Collins, a highly experienced Forest School Practitioner.

During the Forest School sessions, your child will have the chance to take part in a wide variety of activities. These types of activities could include: creative artwork using natural materials; singing; storytelling; exploring the site and its wildlife; tool use; building dens and structures; fire lighting and cooking; imaginative play and team games.

The sessions will take place in all weather conditions except high winds and thunderstorms. **It is essential that children have suitable clothing for the sessions.** This should include:

- Jogging bottoms / long leggings (shorts are not permitted)
- Warm jumpers / Sweatshirts / long sleeved tops
- Coats
- Wellingtons with warm socks.
- Hat
- Spare socks

Each Tuesday your child must come to school in their Forest school clothing (which they will keep on all day). Please make sure all clothing is labelled. Please also send in a spare pair of dry socks should they need them. The children DO NOT need their own waterproof clothing, as we have purchased a class-set of high-quality waterproofs for the children.

I am very keen to make the Forest School sessions available to all, so please let the school know if you are not able to provide suitable clothing for your child. We really hope this will be a valuable experience for your child and they will enjoy learning at Forest School.

Yours sincerely,

Mrs S Wall

I give consent to my child (name) _____ taking part in activities such as food tasting and face painting. ☐ (tick)

My child has the following allergies (food / other): _____

Signed _____ (parent)